

Menu - Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|--|---|--|--|
| Breakfast | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt |
| Snack | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes |
| Lunch | Beef Bolognese (G, D, C) served with Pasta Twists (G) & Garlic Bread (G, D) | Baked Vegetable Fingers (G) served with Sweetcorn & Creamy Mashed Potato (D) | Tuna Mayo Pasta Salad (F, G, E, M) served with Sweetcorn & Flat Bread (G) | Slow Cooked Sausage Casserole (G) served with Creamy Mashed Potato (D) | Chicken Curry (D, N) served with Rice & Flat Bread (G) |
| Pudding | Rice Pudding (D) with Raisins & Jam | Peaches with Natural Yoghurt (D) | Ice Cream (D) & Fruit Sauce | Apricot Upside-Down Cake (D, G, E) served with Custard (D, E) | Spotted Dick (D, G, E) served with Custard (D, E) |
| Snack | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes |
| Tea Snack | Ham & Pea Soup served with a Bread Bun (G) | Tuna (F) & Cheese (D) Melt Pizza Wrap (G) | Bagels (G) with Cream Cheese (D) | Crumpets (G) with Beef Paste & Crisps | Cinnamon Muffins (G) & Jam |

Purple - Pork

Red - Beef

Blue - Fish

Green - Vegetarian

Orange - Chicken

Allergen Key **D**- contains Dairy **G**- contains Gluten **E**- contains Egg **C**- contains Celery **F**- contains Fish **S**- contains Soya **Su**- contains Sulphites **N**- contains Nuts

Menu - Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|---|--|---|
| Breakfast | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt |
| Snack | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes |
| Lunch | Italian Spicy (cold) Tomato Pasta Salad (G) served with Vegetable Sticks (C) | Fish Cakes (F, G) served with Boiled New Potatoes & Beans | Chicken Dinner (G, S) served with Creamy Mash (D), Vegetables & Yorkshire Pudding (G, E, D) | Chilli Con Carne (G, S) served with Rice & Garlic Bread (G, D) | Mini Toad in the Hole (G, E, D, Su) served with Mash (D), Vegetables & Gravy (G, S) |
| Pudding | Chopped Banana with Crumbed Biscuits (D,G) served with Custard (D,E) | Fresh Fruit with Natural Yoghurt (D) | Shortbreads (G, D) & Flavoured Milk (D) | Baked Creamy Rice Pudding (D) & Sultanas | Apple Pie (G, D) and Ice Cream (D) |
| Snack | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes |
| Tea Snack | Ham Wraps (G) with Cucumber Sticks | Creamy Chicken Soup (D) & Bread Bun (G) | Spaghetti Hoops (G) on Toast (G) | Pitta Pockets (G) with Choice of Filling | Toasted Muffin (G) with Spread (D) |

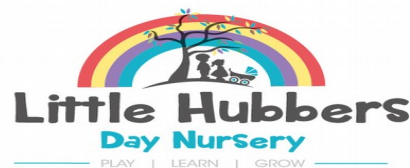
Purple - Pork

Red - Beef

Blue - Fish

Green - Vegetarian

Orange - Chicken



Menu - Week 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|---|---|---|--|--|
| Breakfast | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt | Choice of cereal, toast with spread, fresh fruit or yoghurt |
| Snack | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes |
| Lunch | Chicken Hotpot (G, S) served with Crispy Potato Top, Vegetables & Yorkshire Pudding (G, E, D) | Oven Roasted Pork Sausages (G, Su) served with Gravy (G,S), Creamy Mashed Potato (D) & Peas | Slow Cooked Beef Stew (G, S) served with Dumplings (G) & Vegetables | Sweet Potato & Chickpea Rogan Josh (D, N) served with Rice | Fish Portion (F) served with Chipped Potatoes & Mushy Peas |
| Pudding | Bread & Butter Pudding (G,D,E) with Custard (D,E) | Syrup Sponge (G,D,E) served with Custard (D,E) | Fluffy Angel Delight (D) & Shortbread (G) | Chopped Pineapple & Natural Yogurt (D) | Jelly & Ice Cream (D) |
| Snack | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes | Fresh fruit or vegetables, breadsticks, crackers or rice cakes |
| Tea Snack | Beans on Toast (G) | Wraps (G) with Pastrami & Tortilla Chips (G) | Tuna Mayo (F, E, M) Pitta Pockets (G) | Pizza Wraps (G) with Cheese (D) & Ham | Thick Vegetable Soup served with Croutons (G) |

Purple - Pork

Red - Beef

Blue - Fish

Green - Vegetarian

Orange - Chicken

Allergen Key **D**- contains Dairy **G**- contains Gluten **E**- contains Egg **C**- contains Celery **F**- contains Fish **S**- contains Soya **Su**- contains Sulphites **N**- contains Nuts